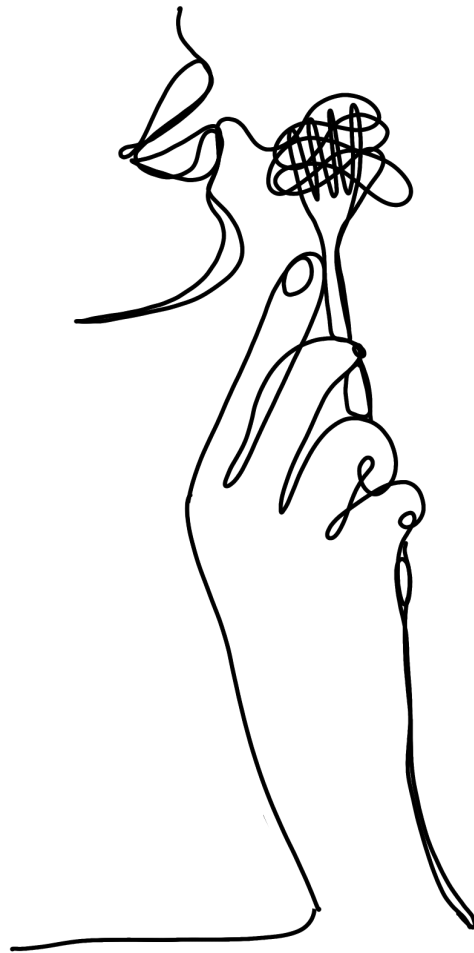


M O U T

Allergenenkaart



Barfood

Vers Fruit

-

Griekse Yoghurt

Gluten, Melk, Noten, Pinda's

Kokos Yoghurt

Noten, Pinda's, Soja

BananaBread

Gluten, Pinda's, Noten

Wentelteefjes

Ei, Gluten, Melk, Noten, Pinda's

Roerei Zalm/Spek

Ei, Gluten, Vis

Eggs Benedict Zalm/Spek

Ei, Gluten, Melk, Mosterd, Vis

Standaard Burger

Ei, Gluten, Melk, Mosterd, Noten, Pinda's, Selderij

Cheese Burger

Ei, Gluten, Melk, Mosterd, Lupine, Noten, Pinda's, Selderij

Philly Cheese Steak

Ei, Gluten, Melk, Mosterd, Noten, Pinda's

Ciabatta Carpaccio

Ei, Gluten, Melk, Mosterd, Noten, Pinda's

Ciabatta Ossenworst

Ei, Gluten, Mosterd, Noten, Pinda's, Soja

Ciabatta Pulled Chicken

Ei, Gluten, Mosterd, Noten, Selderij, Sesamzaad, Soja

Ciabatta Oude Kaas

Gluten, Melk, Mosterd, Noten, Pinda's, Sesamzaad, Soja

Ciabatta, Baba Ganoush

Ei, Gluten, Melk, Noten, Pinda's

Kroket

Ei, Gluten, Melk, Mosterd, Noten, Pinda's, Selderij, Sesamzaad, Soja

Merinquetaartje

Ei, Melk, Soja

Warm Chocolate Taartje

Ei, Gluten, Melk, Lupine

Macaron

Ei, Gluten, Melk, Noten

Churros

Ei, Gluten, Melk, Noten

Lemon Cheesecake

Ei, Lupine, Melk, Noten

IJstaart Dam Blanche

Ei, Gluten, Melk, Noten, Soja

Tartelette

Ei, Gluten, Melk, Noten, Soja

Kids Burger

Ei, Gluten, Noten, Pinda's, Sesamzaad, Soja

Kids Hot Dog

Gluten, Melk, Mosterd, Selderij

Vanille ijs met Spikkels

Ei, Gluten, Melk, Soja

Raketje

Melk

Pancakes alle Soorten

Ei, Gluten, Melk, Noten

Tosti Ham/Kaas & Tosti Pulled Chicken

Gluten, Melk, Mosterd, Noten, Pinda's, Sesamzaad, Soja

Tosti Gruyere

Gluten, Melk, Mosterd, Noten, Pinda's

Tosti Oude Kaas

Gluten, Lupine, Melk, Mosterd, Noten, Pinda's

Old Amsterdam

Melk, Mosterd

Ossenworst

Mosterd, Noten, Pinda's, Selderij, Sesamzaad, Soja

Olijven

-

Notenmix

Noten, Pinda's

Kaasplateau

Gluten, Melk, Mosterd, Noten, Pinda's

Charcutterie

Gluten, Noten, Pinda's

La Plancha

Gluten, Mosterd, Noten, Pinda's, Soja

Amsterdams Plateau

Ei, Gluten, Melk, Mosterd, Noten, Pinda's, Selderij, Sesamzaad, Soja

Rundvlees Bitterbal

Ei, Gluten, Melk, Mosterd, Noten, Pinda's, Selderij, Sesamzaad, Soja

Krokante Kippendijen

Gluten, Soja

Kaastengels

Ei, Gluten, Melk, Noten, Pinda's, Selderij, Sesamzaad, Soja

Vlammetjes

Ei, Gluten, Mosterd, Noten, Pinda's, Soja

Bittergarnituur

Ei, Gluten, Melk, Mosterd, Noten, Pinda's, Selderij, Sesamzaad, Soja

Naanbrood

Gluten, Melk, Noten, Pinda's, Selderij, Sesamzaad, Soja

Vega Vlammetjes

Gluten, Pinda's, Soja

Flatbread Aioli/Hummus

Ei, Gluten, Melk, Mosterd, Noten, Pinda's, Selderij, Sesamzaad, Soja, Lupine

Fratellino

Alle pizza soorten

Ei, Gluten, Melk

Ciabatta Tuna Melt

Melk, Gluten, Vis

Ciabatta Caprese

Pinda's, Gluten, Melk

Ciabatta Parmaham

Gluten

Ciabatta Rosbief

Gluten, Ei

Pasta Bolognese

Ei, Gluten, Selderij, Soja

Pasta Pesto

Noten, Gluten, Ei, Melk, Soja

Pasta all'Arrabbiata

Gluten, Soja, Selderij, Noten

Pasta Carbonara

Ei, Gluten, Melk, Pinda's, Soja

Bruschetta's Parmaham & Knoflookolie

Gluten

Bruschetta's Artisjok & Parmezaan

Gluten

Bruschetta's Tomaat Basilicum & pesto

Gluten, Pinda's

Bruschetta's Tomaat, Buffel Mozzarella, Basilicum & Balsamico

Gluten, Melk

Bruschetta's Tonijnsalade

Gluten, Vis, Ei

Bruschetta's Rosbief, Ansjovismayo

Gluten, Noten, Ei, Melk

Carpaccio al Tartufo

Ei, Mosterd, Selderij, Soja

Carpaccio al Pesto

Pinda's

Huisgemaakte Tiramisu

Gluten, Melk

Pizza Cioccolato

Ei, Gluten, Melk, Pinda's, Soja

Grand Dessert

Gluten, Ei, Melk

Mr. Vegan

Brood Creamy Avocado Bagel

Gluten

Scrambled Tofu

Gluten, Soja, Selderij

Pink Ciabatta

Gluten, Sesamzaad

Pink Pitaya Bowl

-

Acai Na Tigela

-

Thai Coconut Curry

Noten

Durban Curry

Pinda, Mosterd

Java Curry

Soja, Pinda's

Thaise Broccoli Soep

Selderij

Crema di Pomodori

Selderij

Roasted pumpkin soup

Selderij

Tempeh Lover

Soja, Mosterd

Falafel Bowl

Soja, Mosterd, Sesamzaad

Mr. Vegan Sushi Bowl

Soja, Mosterd, Sesamzaad

Fetah & Veggies Bowl

Mosterd

Future Burger

Gluten, Mosterd, Sesamzaad

Classic Mr.Vegan Burger

Gluten, Mosterd, Sesamzaad

Crunchy Lewis Burger

Gluten, Mosterd, Sesamzaad

Falafel Burger

Gluten, Mosterd, Sesamzaad

Gooische Burger

Gluten, Mosterd, Sesamzaad

Kapsalon

Mosterd, Soja, Sulfiert

Sweet Hotdog

Gluten, Soja, Selderij, Mosterd, Sesamzaad

Spicy Hotdog

Gluten, Soja, Mosterd, Sesamzaad

Pita Shoarma

Gluten, Soja, Mosterd, Sulfit

Pita Falafel

Gluten, Soja, Mosterd, Sulfit

(Vegan) Bitterballen

Gluten, Mosterd, Selderij, Soja, Lupine

Thaise Bitterballen

Gluten, Lupine

Uienringen

Gluten

Mixed fried snacks

Gluten, Mosterd, Selderij, Soja, Lupine

Mini-pita's

Gluten, Soja

Pimientos de Padron

-

Groente met Dip

Sesamzaad

Avocado fries

Gluten

Falafelbites met tahini-mayo

Gluten, Soja

Mr. Vegan Borrelplank

Gluten, Soja, Selderij, Lupine, Mosterd

Magnum Deluxe

Noten, Soja

Orange Brownie

Noten, Soja

Montgomery's Maple & Pecan

Noten

Montgomery's Classic Vanilla

Noten

Dim Sum**Ha Kau**

Gluten, Schaaldieren, Soja, Sesamzaad

Siu Mai Beef

Gluten, Soja, Sesamzaad

Siu Mai Chicken

Gluten, Soja, Sesamzaad

Shitake Dumpling

Gluten, Soja, Sesamzaad

Large Basket

Gluten, Schaaldieren, Ei, Soja, Sesamzaad

Tja Seu Kau

Gluten, Schaaldieren

Wonton

Gluten

Mai Lee Kuun

Gluten, Ei

Seafood ball

Soja

Seaweed roll

Soja

Edamame

Soja

Ebi Furai

Gluten, Ei, Schaaldieren

Yakitori

Gluten, Ei, Sesamzaad

Gyoza Chicken | Vega

Gluten

Pokebowl Spicy Tuna

Gluten, Ei, Vis

Pokebowl Salmon

Gluten, Vis

Pokebowl Teriyaki Chicken

Gluten

Pokebowl Shrimp Delight

Gluten, Ei, Schaaldieren,

Pokebowl Tofu Veggie

Gluten

Maki Cucumber

-

Maki Avocado

-

Maki Salmon | Tuna

Vis

Sashimi Salmon | Tuna | Tataki | Mix

Vis

Nigiri (Flaming) Salmon & (Flaming) Tuna

Vis

Temaki Salmon Avocado

Vis, Ei, Melk

Temaki California

Schaaldieren

Temaki Tuna

Vis, Ei, Melk

Temaki Veggie

Sesamzaad

Temaki Shrimp

Schaaldieren

Enter the Dragonroll

Vis, Sesam

Californian Dreamroll

Schaaldieren

Flaming Salmon

Vis, Ei, Melk

Flaming Tuna

Vis, Ei, Melk

Crunchy Chicken Teriyaki

Sesamzaad

Mixed up Salmon & Tuna

Vis, Ei, Melk

Spicy Sriracha Tuna

Vis, Ei, Melk

Veggie Power

Sesamzaad

Caliente

Nacho Classico | Guacamole | Chili Con Carne | Rundvlees

Melk

Nacho Vegano

-

Broodje Steak Sandwich

Gluten, Ei, Sesamzaad, Mosterd

Broodje Pulled Beef Burger

Gluten, Ei, Sesamzaad, Mosterd

Club Sandwich

Gluten, Ei, Mosterd

Broodje gerookte makreel

Gluten, Ei, Vis, Sesamzaad, Mosterd

Taco Kip Salsa | Rund | Al Pastor

-

Taco Biefstuk | Paddenstoelen

-

Taco Makreel

Vis

Tacoplank

Melk, Vis

Mini Burritos

Gluten, Melk

Tostadas Makreel

Vis

Spicy Chicken wings

Melk

Mexicaanse Gehaktballetjes

Gluten, Ei, Weekdieren, Mosterd

Caliente Borrelplank

Gluten, Ei, Melk, Vis, Mosterd, Weekdieren

Ceviche classico

Vis, Selderij

Ceviche mixto

Vis, Weekdieren, Selderij

Ceviche nikkei

Vis, Soja, Selderij

Burrito Kip Salsa | Biefstuk Kaas | Rund | Paddestoelen

Gluten, Melk

Burrito Vis

Weekdieren, Gluten, Melk

Quesadilla XL (alle varianten)

Gluten, Ei, Melk, Mosterd

Spareribs

Mosterd

Argentijns Rund

Ei, Mosterd

Kleine portie Nachos

-

Extra portie Guacamole

-

Gemengde salade

Noten

Fish & Fries

Zoete Aardappel Friet met Basilicum Mayo

Gluten, Ei, Melk, Mosterd, Noten, Pinda's Soja

Zoete Aardappel Friet Met Truffel Mayo

Gluten, Ei, Melk, Mosterd, Noten, Pinda's, Soja

Zoete Aardappel Friet met Vegan Mayo

Gluten, Mosterd

Gooise Friet Chili Mayo

Ei, Melk, Mosterd, Noten Sesamsaad, Soja, (sporen van) Gluten

Gooise friet Truffel Mayo

Ei, Melk, Mosterd, Noten, Sesamzaad, Soja, (sporen van) Gluten

Gooise Friet Sate Creme

Ei, Melk Noten, Pinda's, Selderij, Sesamzaad, Soja, (sporen van) Gluten

Gooise Friet Pulled Salmon

Gluten, Ei, Mosterd, Noten, Pinda's, Selderij, Sesamzaad, Soja, Vis

Groente Friet

Gluten, Mosterd

Fluffy Bread Salmon

Gluten, Ei, Melk, Mosterd, Noten, Pinda's, Soja, Vis

Fluffy Bread Tonijn Salade

Gluten, Ei, Melk, Mosterd, Noten, Pinda's, Soja, Vis

Fluffy Garnalenkroket

Gluten, Ei, Melk, Mosterd, Noten, Pinda's, Schaaldieren, Selderij, Vis

Fisherman's Salad

Gluten, Ei, Mosterd, Selderij, Vis, Zwaveldioxide

Vis Plateau

Gluten, Ei, Melk, Mosterd, Noten, Pinda's, Vis

Zalm carpaccio

Ei, Melk, Mosterd, Noten, Sesamzaad, Soja, Vis

Tonijn Tartaar

Gluten, Ei, Sesamzaad, Soja, Vis

Sardines

Gluten, Ei, Noten, Pinda's, Vis

Gamba's in Knoflook olie

Schaaldieren

Vissoep

Gluten, Melk, Noten, Schaaldieren, Vis

Gekookte Mosselen

Schaaldieren, Selderij, Vis

Garnalenkroketjes

Gluten, Ei, Melk, Mosterd, Noten, Pinda's, Vis
Schaaldieren, Soja

Kibbelkabbeljauw

Ei, Gluten, Melk, Mosterd, Sesamzaad, Soja, Vis

Calamares

Ei, Gluten, Noten, Schaaldieren, Soja, Vis

Gamba's Tempura

Ei, Gluten, Lapine, Melk, Mosterd, Noten, Schaaldieren, Soja

Vistrío

Ei, Gluten, Melk, Mosterd, Noten, Schaaldieren, Sesamzaad,
Soja, Vis

Visfrites

Ei, Gluten, Melk, Sesamzaad, Soja, Vis

Gefrituurde Mosselen

Ei, Gluten, Noten, Pinda's Schaaldieren

Chiprones

Gluten, Ei, Melk, Mosterd, Noten, Pinda's, Weekdieren

Oesters Klassiek/Hipster

Schaaldieren, Weekdieren

Kaviaar

Ei, Gluten, Melk, Vis

Sweets

Appeltaart

Gluten, Ei, Melk

Carrotcake

Gluten, Melk, Noten, Pinda's

Witte Chocolate Cheesecake

Gluten, Ei, Melk

Grandma's Blueberry Muffin

Gluten, Ei, Melk, Noten, Pinda's

Viet Kitchen

Goi Coun

-

Bahn Xeo

Gluten, Ei

Duck Roll

Gluten

Wok & Xoi

Noten

Viet Bowl

Gluten, Pinda's

Hanoi Salad

Pinda's

Pho

-

Ramen

Gluten, Ei, Schaaldieren

BBQ Skewers

Melk, Pinda's

Chicken Bucket

Ei, Gluten, Melk

Spicy Chick Bucket

Ei, Gluten, Melk, Sesamzaad

Cha Gio

-

Cha Gio Vega

-

Nem Hanoi

-

Tom Chien

Schaaldieren

Share Saigon

Gluten, Schaaldieren

Lamb-Rack

Soja

Grilled Duck

Sesamzaad

Beef Teriyaki

Pinda's

Sweet Chili Wok

Schaaldieren, Sesamzaad

Baka Bana

Gluten, Melk